

WEATHERING THE STORM:

How to be Prepared Before, During and After a Winter Storm

HOME KIT ESSENTIALS

Water (at least 2 litres of water per person per day)

Non-perishable food (at least a five-day supply; canned food, energy bars, dried foods – i.e. cereal)

First aid kit (e.g. bandages/gauze pads and tape, antiseptics, tweezers, cotton pads, etc.) Flashlight and extra batteries

Tool kit (basic tools: hammer, screwdriver, nails, wrench and knife)

Sanitation products (toilet paper, hand sanitizer, garbage bags)

Battery-operated, hand-crank or solar-powered radio

Emergency charger for electronic devices

Spare keys for home and vehicle

Extra cash in small bills

Important phone numbers

Matches/lighter

Prescription medication

Infant formula, diapers, pet food and other items supplies, etc.

Paper towels, paper plates, plastic cups and utensils

Fire extinguisher

Books, games, puzzles and other activities for children (and toys for pets)*

Learn more at [directenergy.ca](https://www.directenergy.ca)

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VEHICLE ESSENTIALS

First aid kit (e.g. bandages/gauze pads and tape, antiseptics, tweezers, cotton pads, etc.)

Water/non-perishable food (small packages of food – e.g. energy bars, crackers, raisins)

Blankets

Extra clothing and shoes (e.g. hats, gloves, socks)

Local maps

Prescribed medication

Battery-operated flashlight and extra batteries

Windshield scraper and washer fluid

Folding hand shovel

Emergency whistle and fluorescent distress flag

Matches/lighter

Cell phone adapter/ charger

Jumper cables

Road cones and reflectors

Multi-tool knife or pocket knife

Towing rope or tire chains

Kitty litter, sand or salt

Extra cash on hand (stored in console or glove compartment)